

# Antimicrobial Resistance and Virulence of *Salmonella* spp. From Foods in Mazandaran



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## ABSTRACT

**Background:** *Salmonella* is the most important source of food-borne infections around the world. Human salmonellosis is also caused by the consumption of fresh fruit and vegetable salads contaminated with *Salmonella* spp. We aimed to detect *Salmonella* spp. in hamburgers, vegetable salads, and cream-filled pastries from various sources in Mazandaran and assess their pathogenicity and antimicrobial resistance.

**Materials and Methods:** A total of 90 samples, eg, hamburgers, vegetable salads, and cream-filled pastries (30 samples of each), were randomly collected. Biochemical and serological tests were performed to detect the *Salmonella* spp. Antimicrobial susceptibility tests were performed by the disc diffusion method and the virulent genes were examined using Polymerase Chain Reaction (PCR). All the examined *Salmonella* serovars in this study showed positive amplification for the virulence genes *invA*, *spv*, and *viaB*.

**Results:** *Salmonella* spp. were detected in 54 of the 90 samples based on biochemical tests. Of these, 46 isolates (85.2%) were recovered by the 16S-23S rRNA PCR test, of which 19 (41.4%) represented the *S. typhimurium* serotype, 15 (32.7%) represented the *S. enteritidis* serotype, and 2 (4.4%) represented the *S. typhi* serotype. These *Salmonella* serotypes (19 *S. typhimurium*, 15 *S. enteritidis*, and 2 *S. typhi*; 36 in total) were sensitive to all the tested antibiotics: Ampicillin, 22/36 (61.11%); Streptomycin 22/36 (61.11%); Cefotaxime 23/36 (63.88); Gentamycin 36/36 (100%), and Tetracycline 36/36 (100%). However, a few of these serotypes exhibited slight resistance to ampicillin (4/36; 11.11%) and cefotaxime 2/36 (5.55%).

**Conclusion:** These results would greatly help in understanding the prevalence of virulence genes and antibiotic sensitivity among *Salmonella* serovars in hamburgers, vegetable salads, and cream-filled pastries.

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## Introduction

**S**almonellosis is the infection of the intestinal epithelium, which is caused by the bacteria from the genus *Salmonella*. *Salmonella* spp. are the most important source of gastrointestinal tract and food-borne infections worldwide. Despite the global improvement in public health services, a noticeable increase in the incidence of human salmonellosis has been reported in many countries, including Iran [1]. *S. enterica* serotype Typhi is particularly related to humans, and is found in foods, mostly due to improper handling and hygiene [2]. Furthermore, the serotypes Enteritidis and Typhimurium have been isolated from humans, animals, vegetables, and meats (e.g. broilers and chicken) [3].

Human salmonellosis has also been found to be caused by the consumption of *Salmonella*-contaminated fresh fruits, vegetables, and vegetable salads [4]. The number of outbreaks associated with the consumption of contaminated products, especially those caused by *Salmonella* spp., has also increased [5]. Increasing reports of food-borne diseases, especially due to the secondary contamination of foods after their processing, has enhanced the issue of food safety concerns for consumers, producers, and other entities in the food industry [6].

Ready-to-eat (RTE) foods (red meat, poultry, seafood, and vegetables) vary widely across different countries according to their cultural and social backgrounds. Due to their widespread availability, negligible cooking time, and cheaper prices, they are very popular among people. Thus, contaminated RTE foods may also pose serious threats to public health [7, 8]. *Salmonella* serovars have been reported in 645 raw and cooked food samples from Isfahan, one of the most populated provinces in Iran; *Salmonella* spp. have been detected in 43 (6.66%) of these samples, among which *S. enteritidis* (29%) was the most prevalent in raw foods [9]. Owing to the fact that these foods do not undergo further processing, the microbiological risks for the consumer from these products are also higher. Therefore, the presence of *Salmonella* spp. in food products is a significant food safety risk.

The virulence of *Salmonella* spp. is linked to a combination of plasmid and chromosomal factors. Different genes such as *spv* and *inv* have been identified as major virulence genes responsible for salmonellosis [10]. The chromosomal gene *invA* encodes a protein in the inner membrane that is necessary for the invasion of epithelial cells. On the other hand, the operon *spvRABCD*, which

comprises five genes, is present on plasmids commonly associated with some *Salmonella* serotypes. One major function of the *spv* operon is to potentiate the systemic spread of the pathogen [11]. Additionally, the *viaB* locus encodes genes for the positive regulation (*tviA*), biosynthesis (*tviBCDE*), and export (*vexABCDE*) of the virulence (Vi) capsular polysaccharide [12].

So far, only a few studies about *Salmonella*-contaminated hamburgers, vegetable salads, and cream-filled pastries in Iran have been performed. Therefore, in this study, we considered the importance of detecting *Salmonella* spp. in these food products. The isolation and identification of *Salmonella* spp. and antimicrobial susceptibility analysis for the treatment of salmonellosis, which is very important to continually monitor the safety of fresh products and its impact on human health, were performed. We also evaluated the presence of the virulent genes *invA*, *spv*, and *viaB* by Polymerase Chain Reaction (PCR).

## Materials and Methods

### Sample collection

A total of 90 different food samples, 30 samples each, eg, of hamburgers, vegetable salads, and cream-filled pastries from factories, supermarkets, restaurants, and local confectioneries in Mazandaran, Iran were collected from April to June 2018. These samples were randomly collected, moved to the laboratory in an icebox, and analyzed within one hour of their purchase.

### Sample preparation

The samples were examined for the presence of *Salmonella* by the Iranian National Standards method No. 1810, the method recommended by the Institute of Standards and Industrial Research of Iran (ISIRI) [13], and according to the ISO 6579 protocol [14]. For the isolation of the *Salmonella* spp., a 25-g portion of each sample was weighed aseptically in a sterile stomacher bag containing 225 mL of sterile buffered peptone water (BPW, Merck, Germany). BPW was used for the pre-enrichment of the isolates at 37°C for 18 h. Then, 1 mL and 0.1 mL of this pre-enriched sample were inoculated into 10 mL of Rappaport-Vassiliadis-Soya (RVS), Merck broth, and 10 mL of Muller-Kauffmann Tetrathionate-Novobiocin (MKTTn, Merck) broth, respectively, followed by incubation at 42 and 37°C for 24 h, respectively.

## Isolation procedures

Xylose lysine deoxycholate agar (XLD, Merck) was used as the selective isolation media; the cultures were incubated at 37°C for 24 h. At least three characteristic colonies were picked from each plate and purified by streaking on Tryptone Soy Agar (TSA, Merck).

## Identification of the bacteria

Indole production was tested by the inoculation of the cultures into SIM (Sulfide, Indole, Motility) medium overnight. The cultures were overlaid with five drops of Kovac's reagent (isoamyl alcohol, p-dimethylamino-benzaldehyde, and concentrated HCl). *Salmonella* spp. are regarded as indole-negative organisms. Urease activity was tested on urea medium. *Salmonella* spp. are regarded as urease-negative organisms. *Salmonella* spp. produce H<sub>2</sub>S and an alkaline/acid reaction on TSI; the TSI agar used was produced by Oxoid. An oxidase test was also performed; the reagent comprised the active chemical N,N,N',N'-tetramethyl-p-phenylenediamine hydrochloride (dissolved in dimethyl sulfoxide). *Salmonella* spp. are regarded as oxidase-negative organisms. A heavy suspension (MacFarland standard no. 4) of the organisms was prepared in 1.0 ml of sterile 0.85% saline; 200 µl of this suspension was dispensed into a test tube and a tablet of ONPG was added. The ONPG (β-galactosidase) used was manufactured by Rosco Diagnostica, Taastrup, Denmark. *Salmonella* spp. are regarded as ONPG-negative organisms [15].

## Serological identification of the salmonella isolates

The *Salmonella* isolates were subjected to serological identification according to the Kauffman-White Scheme

for the determination of the somatic (O) and flagellar (H) antigens. The cultures were maintained as frozen stocks in brain heart infusion (BHI, Merck) broth supplemented with 20% glycerol at -30°C [16].

## Antimicrobial susceptibility test

The antibacterial susceptibility of the *Salmonella* isolates was determined using the disc diffusion technique, according to the instructions of the Clinical and Laboratory Standards Institute. The isolates were cultured in 10 mL of Mueller-Hinton (MH) broth (Merck, Germany) at 37°C for 24 h. Overnight cultures, grown in MH broth (OD adjusted to 0.5 McFarland unit), were swabbed evenly onto MH agar plates using sterile non-toxic cotton swabs and left to dry for 2–5 min. Then, antimicrobial discs were placed onto the plates, followed by incubation at 37°C for 24 h. The discs used were: Ampicillin (10 µg), Cefotaxime (30 µg), Gentamycin (10 µg), Streptomycin (10 µg), and Tetracycline (30 µg), (ROSCO, Denmark) [17].

## Detection of virulence genes using PCR

DNA was extracted using the Qiagen DNA Extraction Kit, according to the manufacturer's instructions. The primer sequences and PCR conditions used for the study are listed in Table 1. The temperature conditions and time durations of the PCR reaction included: initial denaturation (95°C for 10 minutes), denaturation (94°C for 60 s, 30 cycles), annealing (58°C for 90 seconds), extension (72°C for 90 s), and final extension (72°C for 10 minutes), one cycle. The PCR products were electrophoresed on a 1.5% (w/v) agarose gel containing the DNA Green Viewer stain (Qiagen, Germany) using the standard protocol.

**Table 1.** PCR primers for the amplification of the virulence genes

Designation	Bacteria	Primer	Sequence 5'–3'	Size (bp)	Reference
Genus	<i>Salmonella</i> spp.	16S-23S rRNA	TGTTGTGGTTAATAACCGCA	572 bp	[18]
			CACAAATCCATCTCTGGA		
Salmonella enterica serotypes	<i>S. Typhimurium</i>	InvA	GTGAAATTATCGCCACGTTCCGGCAA	284 bp	[19]
	<i>S. Enteritidis</i>	Spv	TCATCGCACCGTCAAAGGAACC		
Salmonella enterica serotypes	<i>S. Typhi</i>	ViaB	GCCGTACACGAGCTTATAGA	250 bp	[36]
			ACCTACAGGGGCACAATAAC		
Salmonella enterica serotypes	<i>S. Typhi</i>	ViaB	CACGCACCATCATTTACCG	738 bp	[37]
			AACAGGCTGTAGCGATTAGG		

A 100-bp DNA ladder (Sinaclon BioScience, IRN) was used as the marker. The positive controls used were *S. enterica* ATCC 13076, *S. typhimurium* ATCC 49416, *S. enteritidis* ATCC 13076, and *S. typhi* ATCC 8390. *E. coli* ATCC 25922 was used as a negative control [18, 19].

### Statistical analysis

All measurements were performed in triplicate. For all analyses,  $P < 0.05$  were considered statistically significant. The results of descriptive statistics, such as the abundance in terms of contamination rate in the samples and frequency of antibiotic resistance, are presented.

## Results

### Prevalence of Salmonella in different samples

Of the 90 isolates, 54 non-lactose-fermenting isolates (60%) were considered as *Salmonella* spp. *Salmonella* spp. were the most prevalent in the hamburgers (48.14% incidence rate), followed by the cream-filled

pastries and salads (31.48% and 20.37% incidence rates, respectively).

### Serotyping of the Salmonella isolates

Of 54 *Salmonella*-positive isolates, 46 (85.2%) were recovered by the 16S-23S rRNA PCR analysis. Of these 46 isolates, 36 (78.26%) represented the *S. Typhimurium*, *S. Enteritidis*, and *S. Typhi* serotypes, and 10 represented other *Salmonella* serotypes.

Three serotypes were detected from all the samples: 19 samples (41.4%) represented the *S. Typhimurium* serotype; 15 (32.7%), the *S. Enteritidis* serotype; and 2 (4.4%), the *S. Typhi* serotype, as stated in Table 2. As shown, *S. Typhimurium* was the most prevalent serotype in the hamburgers, 12 (33.3%), followed by *S. Enteritidis* in the cream-filled pastries and hamburgers (6 (16.66%) and 5 (13.8%), respectively).

**Table 2.** Serotyping of the Salmonella isolates

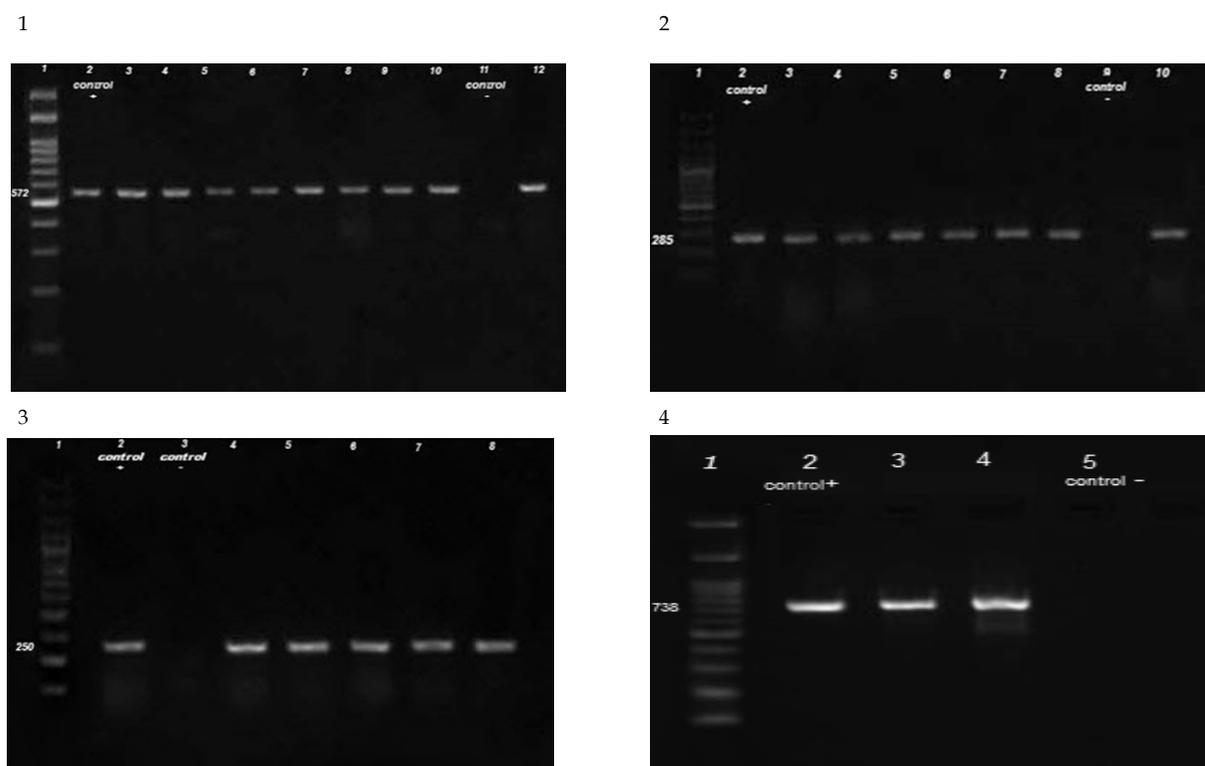
Samples	Isolated Serotypes (No. and %)			
	<i>S. Typhi</i>	<i>S. Typhimurium</i>	<i>S. Enteritidis</i>	Total
Hamburgers	1(2.7)	12(33.3)	5(13.8)	18(49.8)
Cream-filled pastries	1(2.7)	4(11.11)	6(16.66)	11(30.47)
Salads	-	3(8.33)	4(11.11)	7(19.44)
Total	2(4.4)	19(41.4)	15(32.7)	36(78.26)



**Table 3.** Antimicrobial susceptibility pattern of Salmonella isolates

Antimicrobial Agent	No. of Isolates Tested	Antibiogram Pattern of the Salmonella Isolates (%)		
		Resistant	Intermediate	Sensitive
Ampicillin	36	4/36 (11.11)	10/36 (27.78)	22/36 (61.11)
Streptomycin	36	-	14/36 (38.89)	22/36 (61.11)
Cefotaxime	36	2/36 (5.55)	11/36 (30.55)	23/36 (63.88)
Gentamycin	36	-	-	36/36 (100)
Tetracycline	36	-	-	36/36 (100)





**Figure 1.** Agarose gel electrophoresis of the amplified DNA

The specificity of the single PCR for the detection of: 1) 16S rRNA gene (572 bp); 2) *invA* (284 bp) gene; 3) *spv* gene (250 bp); and 4) *viaB* gene (738 bp).

Control+: Positive control; Control-: Negative control; 1, 100-bp DNA ladder: 1. Lanes 3-10 and 12; 2. lanes 3-8 and 10; 3. lanes 4-8; 4. lanes 3 and 4, *Salmonella* isolates

### Antimicrobial sensitivity of the *Salmonella* isolates

Antibiotic sensitivity testing was performed for the 36 isolated *Salmonella* strains, which included the serotypes *S. Enteritidis* (n=15), *S. Typhimurium* (n=19), and *S. Typhi* (n=2). As shown in Table 3, two antibiotics (gentamicin and tetracycline) were 100% effective against all the isolates. In this study, the most resistance was seen in case of ampicillin (4/36; 11.11%).

### Detection of virulence genes using PCR

All the examined *Salmonella* serovars in this study showed positive amplification for the 16S rRNA, *invA*, *spv*, and *viaB* genes, as shown in Figure 1. The positive (*S. typhimurium* ATCC 14028 and *S. enteritidis* ATCC 13076) and negative controls (*E. coli* ATCC 25922) were used for the detection of the virulence genes in *Salmonella* spp. in this study.

### Discussion

In the present study, *Salmonella* spp. were isolated from hamburger, cream-filled pastry, and vegetable salad

samples (in 36 of the 46 recovered isolates; 78.26%). In Iran, currently available data on the incidence of *Salmonella* serotypes in foods are limited. Three *Salmonella* serotypes, i.e. *S. Typhi*, *S. Typhimurium*, and *S. Enteritidis* (across a total number of 18 (49.8%) isolates) were identified in the hamburger samples. The most and least abundant serotypes identified in this study were *S. Typhimurium* and *S. Typhi*, respectively. In contrast, other countries have reported the isolation of *Salmonella* spp. from hamburger with an incidence of 12.50%; two samples (2%) were contaminated with *Salmonella* spp. that represented the serogroup C2 (antigen O8) [20, 21].

Jorge Luiz Fortuna et al. (2012) have isolated *Salmonella* spp. from beef and chicken hamburgers and beef hamburgers in Brazil; of the 80 hamburger samples analyzed, 22 (27.5%) were positive for *Salmonella* spp., i.e. 10 beef (12.5%), and 12 (15%) chicken and beef hamburgers [22]. Similarly, Parra et al. (2002) have found that among 27 hamburger samples collected in the city of Maracaibo, Venezuela, comprising 18 beef hamburger samples and 9 chicken burger samples, 9 beef hamburger samples (33.33%) were contaminated with the pathogen [23].

Corresponding to this result, Leal et al. (2008) have performed a study analyzing 60 hamburger samples, of which 30 were home-made and 30 were industrialized products; herein, *Salmonella* spp. were isolated from one home-made hamburger sample (1.66%) [24].

*Salmonella* spp. are detected mainly in animal food products, including hamburgers prepared with beef alone or with a combination of beef and chicken. Hamburgers are extensively industrialized meat products consumed largely because of their easy preparation process and excellent sensory characteristics. Although fat and other ingredients may be included, the primary raw ingredient in hamburgers is minced beef. Pathogen growth and transmission via hamburgers are promoted by intensive handling and complex preservation issues during the preparation process. High probabilities of some kind of contamination have been perceived throughout the hamburger production process.

Apart from problems in handling, storing, and even the preparation and consumption of foods, agents such as specific organic compounds used in pastures, improper management techniques and transportation of animals, and inappropriate slaughter procedures (contamination in carcasses) may cause such *Salmonella* contamination [22]. In this sense, it is necessary to guarantee safe and contamination-free consumption by the microbiological assessment of the preparation methods and sanitation procedures associated with hamburger production.

Techniques developed to evaluate bacterial contamination during the production of food products, more specifically, those of animal origin, aim primarily at reducing the risk of food-borne diseases and testing the quality of these products. Considering the control and prevention of food poisoning outbreaks, the detection and characterization of *Salmonella* spp. in foods and water are very important.

Three serotypes of *Salmonella* were isolated from a total of 11 cream-filled pastry samples (30.47%). Several studies in different countries were used as references. A study by Kotzekidou (2013) was conducted from 2001-2010 in Greece on pastry cream samples, in which the contamination levels of *L. monocytogenes*, *S. aureus*, *Salmonella* spp., *E. coli*, *Enterobacteriaceae*, were 20, 12.5, 28.6, 25, 35.3, respectively [25]. In another study conducted in Hamedan, Iran, none of the samples were found to be contaminated with *Salmonella* spp. and Al-Jafaeri SM et al. (2013) have revealed that the contamination levels of *S. aureus*, *E. coli*, and

*Salmonella* spp. in pastry cream samples were 48, 4, and 8%, respectively [26, 27].

Because of the increased health risks and reduced product quality, pastry contamination is economically detrimental to the food industry; this may lead to further multiplication of the *Salmonella* spp. to high infective doses. Accordingly, to avoid increasing contamination levels, the temperature of products that show quick putrefaction should be properly controlled.

Among the vegetable salad samples (containing lettuce, tomatoes, cucumber, green peppers, cabbage, carrot, and capsicum), in our study, *Salmonella* serotypes were identified in 7 (19.44%) samples. The most abundant serotype identified in these samples was *S. Enteritidis*, and none of these samples were found to be contaminated with *S. Typhi*. The results in this study indicate that raw salad vegetables can be a potential source of *Salmonella* spp. In this study, *S. Enteritidis* was the most predominant serotype recovered from the leafy vegetables, namely lettuce and cabbage.

This is consistent with the finding reported in a previous study [28]. Furthermore, in another study in which salad samples were tested (n=175), the overall prevalence of *Salmonella* spp., *S. enteritidis*, and *S. typhimurium* was 28, 20, and 14.3%, respectively [29]. Bagged RTE raw salad vegetables are not subjected to any heating or freezing treatments, but are always subjected to washing-decontamination, dipping, and/or dewatering treatments before packaging and storage at low temperatures, distribution, and marketing [30].

Due to its clinical significance, determining the resistance of *Salmonella* spp. to antimicrobial agents is critical for the treatment of infections during outbreaks. The *Salmonella* isolates showed the most resistance against ampicillin (4/36 isolates; 11.11%) and Cefotaxime (2/36 isolates; 5.55%), and were sensitive to the other two antibiotics, gentamicin and tetracycline (100%). Similarly, a study in Malaysia has demonstrated that all the tested *Salmonella* strains (n=240) were sensitive to gentamicin, tetracycline, and amoxicillin/clavulanic acid (100%) [31].

Previously, a study in China has demonstrated that all the tested *Salmonella* strains (n=83) were sensitive to amoxicillin/clavulanic acid, while 98.80 and 92.77% sensitivity was observed for gentamicin and tetracycline, respectively [32]. Abd-Elghany et al. (2015) have shown that 91.6% of all the tested isolates were resistant to ampicillin [33]. On the other hand, Hulaj et al. (2016) have reported that all the

tested isolates were sensitive to ampicillin, and Lamas et al. (2016) have reported that all the tested *Salmonella* spp. isolates were susceptible to cefotaxime [34, 35].

Hence, more attention should be focused on the supervision and control of the use of antimicrobial agents, typically in the agriculture and human health care sectors in Iran. The last few years have seen an increase and development in the use of PCR to rapidly and specifically detect *Salmonella* spp. The most common virulence gene present in *Salmonella* spp., the *invA* gene, has been used as a PCR target gene for detection of *Salmonella* spp. [32].

## Conclusion

According to these results, it is clear that the frequency of the analysis of raw materials and the final products is not enough; a new standard for quality control checks of raw materials and the final food products should be developed. Thorough assessments of raw materials, education for personnel in the food industry, and the introduction of special biosecurity and biocontrol measures will aid the control of *Salmonella* infections. Such measures may limit the adverse effects of antibiotics and ensure the safety of food products and the environment.

The prevalence of virulence genes among screened the *Salmonella* serovars provided additional evidence on the risk of food-borne virulent salmonellosis. Finally, the obtained data provide a more accurate profile for understanding the dangerous spread of virulent *Salmonella* genotypes and antibiotic resistance among *Salmonella* serovars. Such data also facilitate the planning and application of biosecurity programs, in addition to the establishment of bio-control measures to control *Salmonella* infections caused by contaminated foods.

## Ethical Considerations

### Compliance with ethical guidelines

All ethical principles were considered in this article.

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### Authors contribution

Analysis, writing the manuscript: Alireza Rafiei; Approve of the manuscript: Azadeh Taraghian; Verified the analytical methods: Mahmood Moosazade.

## Conflict of interest

The authors declared no conflict of interest.

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