

## The Hormonal Milieu in Primary Breast Cancer: A Correlation Between Steroid Receptors and Serum Estradiol, Progesterone and Prolactin

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### Abstract

**Background:** The female breast is subjected to a life time of hormonal controls, whose effect is evident at the time of menarche and during the menstrual cycle, pregnancy and lactation. Studies have reported multiple risk factors for breast cancer, some of which are a reflection of hormonally mediated events. The steroid receptors are also served as prognostic factors for evaluating the status of malignant tumor of the breast. Estrogen receptor (ER) and progesterone receptor (PgR) formation are influenced by estrogen and progesterone concentration. The aim of this study was to clarify the hormonal milieu of the breast cancer such as Estradiol (E2), Progesterone (Pg), Prolactin (PRL) and their correlation with prognostic factors like ER, PgR.

**Materials and Methods:** In this study, we examined fourthy-four samples removed from patients with primary breast cancer by radical mastectomy. The specimens include thirty six malignant and eight benign breast tissues. Blood samples were also obtained before surgery. Steroid receptors was assayed by the method of single-point dextrane-coated charcoal (DCC), hormones by radioimmunoassay.

**Results:** The beating area percentage of EBs in OT treatment group was more than that of the 5Az group in all days of experiment. However, only in final stage, a significant increase was observed in beating area of OT group. There was no significant difference in viability and morphological changes. OT induction expressed three more specific proteins in cell culture than 5Az.

**Conclusion:** Statistical analysis revealed that response to OT inducer was more excessive than 5Az in all treatment groups. The Oxytocin was found to be effective inducer of cardiomyocytes differentiation from embryonic carcinoma cells P19 than 5-azacytidine.

**Keywords:** P19 Cells; Embryoid Bodies; Cardiomyocytes; 5-Azacytidin; Oxytocin; Differentiation

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### Introduction

Breast cancer is one of the prevalent cancers in females and the second cause of death with the rate of 18% after lung cancer (1) and in European women; it is responsible for 27% of all new cases and 17% of cancer deaths (2-3). Environmental, genetical and especially endocrine factors play important role in breast cancer. Researchers showed that age of menstrual cycle, menopause (4-5), late age of

pregnancy (6), oral use of contraceptive at low age for at least 8-10 years (7), fattiness in female at the age of menopause (8) probably would cause breast cancer. No doubt steroid hormones are involved in the development of breast cancer. Experimental data from animal models suggest that the use of estrogen can cause neoplasma (9). Study of human breast cancer cell lines in vitro, with the use of estrogen

alone or in combination with other hormones showed an increase in malignancy (10). Prolactin probably would help in the development of breast tumors (11), because substances which enhance the secretion of prolactin cause tumor growth. For example, perphenazine would enhance the secretion of prolactin and finally an increase in number and size of tumor in animal experiments that lack adrenal gland and ovary (12, 13). Also, haloperidol and methyl dopa could enhance tumor growth stimulated by dimethyl benzaanthracene (DMBA) by enhancement of prolactin secretion (14). In breast cancer, prognosis is very important. The researchers attempted to identify the predictors of patients who respond to hormone therapy. Many results of which show an interesting relationship between estrogen and progesterone receptors and clinical association of breast cancer. The fact that the patients who have tumors containing receptors, would show prolonged survival and disease-free time than patients without those receptors (15). In other words, receptor status, lymph nodes, grade of tumor can be used as an important prognostic indicator in management and treatment of breast cancer.

The aim of this study was to assay estradiol, progesterone and prolactin concentration in serum and the status of estrogen and progesterone receptors of tumors as a prognostic factor due to the role of hormones in the control of carcinogenic cells and their part in the production of estrogenic and progesterone receptors.

### Materials and Methods

A total of 44 female patients with primary breast carcinoma were enrolled and treated by radical mastectomy at the Imam Khomeini, Day and Firuzgar hospital in Tehran. The specimens include 36 malignant tumors, 8 benign breast tissues. Immediately after surgery, approximately 0.5 g of cancerous tissue was collected in liquid nitrogen tank. Tumors were stored at -80 °C until the assay was performed. The frozen tumor was stripped of adherent fat and then cut into small blocks and then pulverized in micro-dismembrator (Boran-Germany) and homogenized in cold TEDG buffer (10mM Tris; 1mM EDTA; 0.5 mM

Dithiothreitol and glycerol 10% , pH=7.4) at the ratio 1:4 (w/v). The homogenate was centrifuged by ultracentrifuge (Sorval otd combi) at 100000 g and 4°C for 60 minutes to obtain a cytosol fraction which was assayed for ER, PgR and protein concentration.

The cytosol was examined for ER and PgR by the method of DCC (16-17). In this method cytosol incubated with  $17\beta$ -[2, 4, 6, 7-3H] estradiol (SP activity 83 Ci/mmol) and [2, 4, 6, 7-3H] progesterone (SP activity 92 Ci/mmol) respectively. Blanks of each of the above mixtures, without protein, were also prepared. Tests were performed in duplicate and incubated at 0-4 °C for 18-20 hours. Unbound hormone was removed by 10 min incubation with suspension of charcoal-Dextran T-70 in TEDG buffer at 4 °C. Dextran-Charcoal was removed at 4000 rpm for 10 min. 200 µl of supernatant was mixed with 4 ml scintillation cocktail and after 24 hours counted with beta-counter (LKB-1410). Results of specific binding were expressed in fmol/mg protein. Protein content of the cytosol was determined by the method of Bradford (18). ER and PgR considered positive if the values were equal to or greater than 10 and 5 fmol/mg cytosol protein, respectively.

Blood samples were also obtained before surgery. After centrifugation at 1500g, aliquots of serum were stored at -70 °C until they were assayed by radioimmunoassay to determine hormone levels. Statistical analyses were performed using X<sup>2</sup> test and nonparametric Mann-Whitney & Spearman rank test.

### Results

The patients in this study were between 25 and 75 years of age. 66% of them were more than 45 years old and most of them were more than 60 years old. Out of 36 malignant tumor cases 18 patients were at the age of menopause and the rest in post-menopause period. The grading of disease was as follows: 10 (grade III), 23 (grade II) and 1 (grade I). On the basis of histology data 83.4% were in invasive ductal carcinoma. The rate of ER and PgR in malignant tumors was as follows: 1.4-93 fmol/mg and 0.63-59.5 fmol/mg protein respectively (Table 1-2).

**Table 1.** Status of receptors in age groups.

Receptor	< 41	41-50	51-60	>61
ER <sup>+</sup> (%)	55 (5/9)	44(4/9)	100 (9/9)	77 (7/9)
PgR <sup>+</sup> (%)	44 (4/9)	23 (2/9)	66 (6/9)	88 (8/9)
ER <sup>+</sup>	23.84±12.98	21.33±8.87	40.62±22.15	36.49±15.04
PgR <sup>+</sup>	18.79±14.8	35.66±24.24	15.11±5.91	20.73±12.75

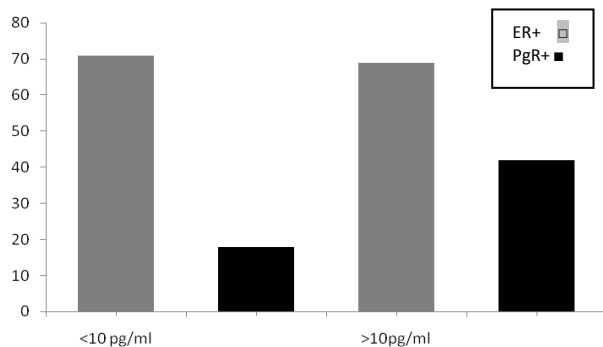
The rate of serum prolactin was 7.4-443 ng/ml with the mean of  $184 \pm 109$  ng/ml (high difference with

normal value: 0.3-20.8). But there was no significant correlation with receptors (data not shown).

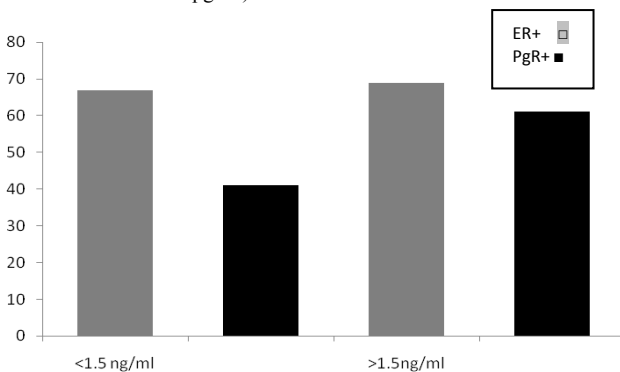
**Table 2.** Status of receptors in malignant tumor.

Receptor	Total percent	Premenopause	Postmenopause
ER <sup>+</sup>	69	50% (9/18)	88% (16/18)
PgR <sup>+</sup>	55	33% (6/18)	66% (12/18)
ER <sup>+</sup> , PgR <sup>+</sup>	47	22% (4/18)	72% (13/18)
ER <sup>+</sup> , PgR <sup>-</sup>	22	28% (5/18)	17% (3/18)
ER <sup>-</sup> , PgR <sup>+</sup>	8.3	11% (2/18)	5% (1/18)
ER <sup>-</sup> , PgR <sup>-</sup>	22	39% (7/18)	5% (1/18)

Serum prolactin was partially more in G.III ( $208 \pm 111$ ) to G.II ( $183 \pm 107$ ) but there is no significant difference ( $p > 0.2$ ). Serum estradiol in two groups of PgR<sup>-</sup> and PgR<sup>+</sup> was studied. It was found that it was more in PgR<sup>+</sup> to PgR<sup>-</sup> ( $p < 0.003$ ). frequency of PgR<sup>+</sup> in patients with estradiol serum of less and more than 10 pg/ml were 18% and 42% respectively. Also studying of serum progesterone status in PgR<sup>+</sup> and PgR<sup>-</sup> groups showed that the rate of Pg in PgR<sup>+</sup> was less than PgR<sup>-</sup> ( $p < 0.01$ ). frequency of PgR<sup>+</sup> tumors in the serum pg group more and less than 1.5 ng/ml was 41% and 61% respectively (Figure 1-2).



**Figure 1.** Frequency of ER<sup>+</sup> and PgR<sup>+</sup> in two group (serum E2 more and less than 10 pg/ml).



**Figure 2.** Frequency of ER<sup>+</sup> and PgR<sup>+</sup> in two group (serum Pg more and less than 1.5 ng/ml).

Breast cancer is one of the most prevalent cancer in females, so, many laboratories test have been done.

Type of diet, reproductive templates and altered exposure to endogenous and exogenous compounds with hormonal activity have been suggested as increasing this status (19). Prognosis and treatment of breast cancer is determined by the stage of illness, which is estimated gold standard items such as grade, tumor size and lymph node contribution (20). We showed that frequency of ER and PgR in postmenopause is more than premenopause ( $p < 0.05$ ). Our finding is similar to finding by other researchers (21, 22, 23). To justify this Subject, it is believe that the induction of ER and PgR is controlled by down regulation mechanism that caused by progesterone hormone. After menopause, production of Pg decreased and the depressing effect on the production of these receptors was lacked. Furthermore the quantity of accessible free receptor is reduced, because E2 hormone in blood is high at premenopause and occupied the receptors (21, 24, 25). It has been shown that by approximately 60% of the tumors in the presence of estrogen receptor in tumors, will response to hormone therapy and when both are present in 80% of the , tumors respond to this type of treatment (26).

There were no statistically significant difference between the variation of E2 and Pg with the quantity of ER, but the the quantity of PgR was related positively to E2 hormone and negatively to Pg hormone ( $p < 0.05$ ). We could suggested that induction of PgR stimulate by E2 but inhibit by Pg. Mehata and co-workers also did not find any communication between estradiol and estrogenic receptors in tumoral tissue (27) but drafta showed high levels of estradiol and estrone in blood and E2 in cytosol that associated with increasing of ER frequency (28).

Prolactin, a polypeptide hormone, is essential for mammary gland development and lactation. In animals, prolactin is important in mammary epithelial development; administration of exogenous prolactin increases rates of mammary tumor formation and

suppression of prolactin levels decreases tumor formation (29). We observed a high levels of plasma prolactin and subsequent in benign and malignant tumors. Due to the high amount of prolactin in both benign and malignant than normal, it could be suggested to as a etiologic factor in early detection of the cancer. Because of relatively high prolactin contained in the serum possibly can be drawn from the origin of the tumor.

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