

## ZFX Overexpression in Breast Cancer Positively Correlates with Metastasis

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### Abstract

**Background:** As the third most frequent cause of cancer death, breast cancer is a common disease worldwide. Most of the patients are being diagnosed in the stage that conventional treatments are not effective, and invasion and metastases lead to death. Therefore, identification of novel molecular markers to improve early diagnosis, prognosis and treatment of the breast cancer is a necessity. Zinc finger X-linked (ZFX) gene is a member of ZFY family, which their upregulation has been demonstrated in several types of cancer. The aim of this study was to assess ZFX gene expression in Formalin-fixed, paraffin-embedded (FFPE) tissues of the breast cancer invasive ductal carcinoma and to investigate its correlation with clinicopathological parameters.

**Materials and Methods:** A total of 52 tumor and non-tumor breast specimens were evaluated for ZFX gene expression using quantitative real-time RT-PCR. Total RNA extraction was performed using RNeasy FFPE kit (Qiagen). complementary DNA (cDNA) synthesis was performed using PrimeScript-RT Master Mix (Takara). The PCR mixture containing SYBR® Premix Ex Taq™ II (Takara Bio Inc., Otsu, Japan), was run on the Rotor-gene 3000 (Qiagen, Hilden, Germany)

**Results:** The ZFX expression increased significantly in breast tumor tissues compared with non-tumor breast tissues. We further showed that there was a positive correlation between the ZFX gene expression level and lymphatic invasion.

**Conclusion:** ZFX might be used as a potential biomarker to monitor breast carcinoma progression. Further studies to determine the mechanism of action of ZFX is needed to unravel the role of this gene in breast cancer pathogenesis.

**Keywords:** Breast cancer; Gene expression; ZFX; FFPE

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### Introduction

Breast cancer is the second most common cancer and fifth cause of death from cancer (1). Among Iranian women, breast cancer is the fifth leading cause of cancer-related death (2). It is a heterogeneous disease characterized by genetic diversity which causes qualitatively and quantitatively aberrant gene expression that can be grouped into various histopathological subtypes according to the following features: histological type, grade, estrogen receptor and tumoral size. Breast cancer stem cells initiate and sustain tumor growth, increase invasion, and overexpress genes that promote metastasis (3-6). Zfx

is a shared transcriptional regulator of embryonic stem cells (ESCs) and hematopoietic stem cells (HSCs) (7) and it is up-regulated in cancer stem-like cells in esophageal carcinoma cell lines (8). Furthermore, ZFX is overexpressed in several types of fresh frozen (FF) malignancies specimens like prostate cancer (9), gastric cancer (10), gliomas (11), diffuse large B-cell and follicular lymphoma (12). FF tissues are not routinely available in clinical practice. Thus, gene-expression profiling methods could not have been applied to all the patients in clinical practice. Formalin-fixed paraffin-embedded (FFPE)

tissues are routinely used for diagnosis of disease because they are stable at room temperature, easily stored and constitute a widely available archive of clinical samples linked to clinical and follow-up databases (13, 14).

FFPE tissues represent an invaluable resource for the validation of differentially expressed genes as novel therapeutic targets or prognostic indicators. These gene-expression profiles are now being emphasized as an important tool for clinical decision on the primary therapy of early breast cancer (15, 16).

In this study, we aimed to quantify ZFX gene-expression in breast FFPE tissue samples using real-time qRT-PCR.

## Materials and Methods

### Archival FFPE tissue samples

Fifty two breast FFPE tissue blocks (from 2007 until 2008) were retrieved from the archives of the Alzahra and Seyd Al-Shohada Hospitals in Isfahan.

### Sample preparation

Three consecutive 10- $\mu$ m sections were cut from each block, including 26 non-tumor and 26 tumor tissues on a standard microtome (Reichert-Jung Hn40; Leica Instruments) and placed into individual 1.5-mL Microcentrifuge tubes for extraction.

### Deparaffinization Method

Prior to nucleic acid purification from FFPE samples, paraffin must be removed to enable exposure of the sample to proteinase K. FFPE sections deparaffinized with heptan and methanol in accordance with manufacturer's instruction for the RNeasy FFPE kit (Qiagen, Hilden, Germany).

### Total RNA isolation and cDNA synthesis

Extraction of total cellular RNA from tumor and adjacent non-tumor tissue specimens was performed using the RNeasy FFPE kit (Qiagen), according to the manufacturer's instruction (Qiagen, Hilden, Germany).

RNA was used for complementary DNA (cDNA) synthesis using PrimeScript - RT Master Mix (Takara Bio Inc., Otsu, Japan) and random hexamer primers.

### Quantitative real-time PCR

Quantification of ZFX gene expression was performed by quantitative real-time RT-PCR. Specific primers to amplify the ZFX gene were as follows: 5'-TGTTGCTGAAATCGCTGACG-3' and 5'-CATTGTCATCCATTTGCTGCT-3'. Primers for glucuronidase, beta (GUSB), as a reference gene, was described elsewhere (17). The PCR mixture containing SYBR® Premix Ex Taq™ II (Takara Bio Inc., Otsu, Japan), was run on the Rotor-gene 3000

(Qiagen, Hilden, Germany). The conditions of the PCR amplification included an initial denaturation at 95 °C for 10 min, followed by 40 amplification cycles consisting of denaturation at 95 °C for 30 s, annealing for 30 s at 55 °C and 60°C for ZFX and GUSB genes, respectively; and finally an extension at 72 °C for 30 s. For each sample, measurements were taken at least in duplicate. The identity of PCR fragments was further confirmed by agarose gel electrophoresis. The  $2^{-\Delta\Delta C_t}$  method was used for relative gene expression analysis (18).

## Statistical analyses

Statistical analyses were performed using SPSS version 16.0. T test was applied for the analysis of the differences between groups. A p value of <0.05 was considered statistically significant.

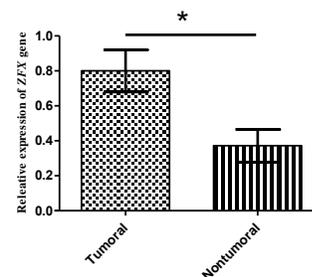
## Results

### Optimization of PCR amplification

In order to gain a specific band for ZFX gene, optimization was done by conventional PCR. Electrophoresis of the PCR product showed a specific band on agarose gel with the expected size (108bp). Furthermore, melting curve analysis of real-time PCR showed that a single product was amplified (data not shown).

### Expression of ZFX gene in breast FFPE specimens

To analyze the ZFX gene expression profile in breast tissues, quantitative real-time PCR were carried out in 52 tumor and non-tumor FFPE breast carcinoma tissues using specific primers for both ZFX and GUSB (as internal control) genes. The results of real-time qRT-PCR experiments demonstrated a significant increase of the relative expression of the ZFX gene in tumor tissues compared to non-tumor tissues ( $p = 0.007$ , Figure 1).



**Figure 1.** Relative expression of ZFX in breast tumor and non-tumor tissues (mean  $\pm$  SEM).

### Association between ZFX gene expression and clinicopathological parameters

A total of 26 tumor samples were collected from two centers. All the samples had been histologically diagnosed as invasive ductal carcinoma (DIC) and positive estrogen receptor (ER+).

We investigated the correlation between ZFX gene expression and the reported clinicopathological parameters in our samples (Table 1).

**Table 1.** Relationship between ZFX expression levels and clinicopathological parameters of breast cancer samples.

Characteristics	Numbers	ZFX relative expression (mean ± SEM)	p-value
Age (years)			
≤50	14	0.79± 0.2	0.2
>50	12	0.74 ± 0.15	
Tumor size (cm)			
≤3	16	1.2 ± 0.5	0.1
>3	10	1.3 ± 1.4	
Vein invasion			
Negative	16	0.68± 0.14	0.06
Positive	7	1 ± 0.37	
Lymphatic invasion			
Negative	22	0.1 ± 0.3	0.01
Positive	4	0.9 ± 0.01	

Bold values are statistically significant (p<0.05)

Collectively, there was a significant association between ZFX expression and lymphatic and vein invasion.

### Discussion

Zinc finger X-linked (ZFX) gene encode transcription factor promotes the transcription of oncogenes. Domains of ZFX proteins are the cause of specific functionality of this protein (19-22).

ZFX protein is the transcriptional regulator that plays an important role in self renewal and differentiation mechanisms in human embryonic and hematopoietic stem cells (7, 23). ZFX has an important role in cell cycle progression and cell growth control (24). Our pilot study showed that the relative expression of ZFX significantly increased in tumor tissues compared to non-tumor ones (p = 0.007). Furthermore, the level of ZFX transcript was upregulated in tumors with lymphatic invasion (p = 0.01). Moreover, there was a marginal correlation between ZFX expression and vein invasion (p= 0.06). However, no significant correlation was found between the expression levels of ZFX and age and tumor size. Taken together, current results indicate that ZFX may play an important role in breast cancer

metastasis and survival as there was a significant correlation between ZFX expression level and lymph node invasion and invasive ductal carcinoma specimens. As a result, this gene might be used as a potential prognostic factor in breast cancer survival (25, 26).

Until now, upregulation of ZFX gene has been reported in different types of cancers such as prostate cancer (9), gastric cancer, in which we found a positive correlation between ZFX isoform 3/variant 5 transcript and gastric tumor size (27, 28), and gliomas in which Afzali *et al.* showed a significant correlation between ZFX gene expression and central features of the neoplastic phenotype, including the growth of cancer cells, angiogenesis, and invasion.(11, 29);diffuse large B-cell and follicular lymphoma(12). Furthermore, silencing of ZFX in Hep-2, U251 and PC-3 human cancerous cell lines showed the importance of this gene in the proliferation and apoptosis of the cells (11). Therefore, ZFX plays an important role(s) in various biological and/or pathological processes such as cell growth, survival, differentiation, cell cycle and apoptosis. To our knowledge, the expression profile of ZFX gene in archived breast tissues has not been previously investigated using qRT-PCR. However, Yang *et al.* showed that the expression of ZFX was high in invasive breast cancer specimens using immunohistochemical analysis. Interestingly, they showed that ZFX expression was upregulated in metastatic breast cancer. Moreover, the age, and tumor size had no significant impact on ZFX expression as reported by Yang *et al.*

To further validate our results, we retrieved the corresponding data from the Oncomine cancer profiling database (30). Upregulation of ZFX in tumor samples, especially ductal carcinoma, have been reported in some researches (31-35). Furthermore, many studies showed a correlation between ZFX expression and metastasis (36-38). Taken together, current results are in accordance with microarray analyses indicating that ZFX overexpresses in breast cancer and positively correlates with metastasis. However, since we extracted RNA from FFPE tissues, the procedure of the tissue preparation and their storage may affect the yield of the extracted RNA that in turn influence the amplification and quantification of the genes.

### Conclusion

Our results showed that ZFX is overexpressed in invasive ductal carcinoma breast cancer samples, and it positively correlates with lymphatic and vein invasion. As a result, this gene might be used as a potential biomarker for monitoring breast carcinoma progression and survival rate. Further studies to

determine the mechanism of action of ZFX are needed to unravel the role of this gene in breast cancer pathogenesis.

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### Author contributions

MGA and MEB make substantial contributions to conception and design, acquisition of data, analysis and interpretation of data; All authors participate in drafting the article or revising it critically for important intellectual content; and all authors give final approval of the version to be submitted and any revised version.

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### Conflict of Interest

Authors declare no conflict of interest.

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